



Spiritual Care Resource Center

Mi Sh'berakh – for Fertility Journeys

Rabbi Elana Perry

(Note: while this prayer was written with the High Holidays in mind, it can easily be adapted to be read at any time of the year)

Just as we rejoice with all of the families who have brought new life into the world during this past year, we also recognize that there are members of our community whose dream to have a child of their own has not yet been fulfilled.

To the blessings for the miracles of daily life already recited, we add this prayer:

*Mi Shebeirach imoteinu, Sarah, Rivkah, Rachel v' Chanah...
May the One who blessed our foremothers,
Sarah, Rebekah, Rachel, and Hannah,
when they each sought You in their longing for a child,
bless those and answer those who call out to You now.
Continue to be a source of life
and a source of hope for all who seek You.
For all who yearn to be a parent,
may the coming year be one of healing and vitality,
deliverance and consolation,
fruitfulness and joy,
goodness and profound blessing.
And let us say: Amen.*