

Spiritual Care Resources High Holidays

## Welcome - A general readings for sensitivity and inclusion

The High Holidays, the beginning of the Jewish year, give us the opportunity to reflect on the past year. Our community has seen many changes – births, anniversaries, graduations, marriages, new ventures, and many other joys. Our community members have also experienced challenges such as infertility, divorce, death, job loss and other difficult times. And sometimes too we have bittersweet moments when the happy and the sad are intertwined, as life often is not simple. These are the honest reflections of the real parts of life. As we begin this New Year together as a community, let's take the time to acknowledge each other's hopes and joys as well as disappointments and losses. Together, we commemorate these Days of Awe by inviting the divine presence into our lives to bring holiness to all of these moments and to our community.