



Spiritual Care Resource Center

Mi Sh'berakh – for Fertility Journeys

On this Rosh Hodesh, we celebrate the new cycle of the moon and look forward to celebrating Passover. Passover is one of the four New Years on the Jewish calendar that marks our freedom from slavery and our birth as a people. For some people the Passover Seder is a celebration with family, friends, and children. However, others are experiencing another month, another Seder, and another year still dreaming of having a child. We include this prayer with hopes that their dreams will yet be fulfilled.

Mi Shebeirach imoteinu, Sarah, Rivkah, Rachel v' Chanah...
May the One who blessed our foremothers,
Sarah, Rebekah, Rachel, and Hannah,
when they each sought You in their longing for a child,
bless those and answer those who call out to You now.
Continue to be a source of life
and a source of hope for all who seek You.
For all who yearn to be a parent,
may the coming year be one of healing and vitality,
deliverance and consolation,
fruitfulness and joy,
goodness and profound blessing.
And let us say: *Amen*.

Prayer by Rabbi Elana Perry