



Spiritual Care Resource Center

Prayer for A Loss to Come

Adapted from Prayer by Rabbi Amy Scheinerman

Eloheinu v'Eilohei Avoteinu, our God and God of all the generations of our people, creator of the world, partner in our creation of this precious potential life, we turn to you at this, the most painful and frightening moment of our lives, and ask you for strength and comfort. The priceless and extraordinary gift given us—our cherished and treasured future—is about to leave us, and although we would do most anything to keep this pregnancy with us in life, it is not in our power to change reality. May it be in our power to cope with reality, to affirm Your loving embrace, to accept the loving care of the people in our lives who offer it, and to affirm the value of life even when our loss feels unbearable. As we already grieve, You, too, grieve with us. As we experience indescribable pain so, too, do You. Stand by us throughout the days, weeks, months, and years to come. May we never turn away from You, Healer and Comforter, as You never turn away from us.